



18 June 2021

Dear Staff/Learner/Parent/Carer

Information regarding confirmed cases of coronavirus in Ysgol Eirias

At the start of this week, NHS Wales Test, Trace, Protect has been informed confirmed cases of COVID-19 (Coronavirus) involving two Year 7 students, one Year 11 student and one Year 13 student at Ysgol Eirias.

This has meant that 79 Year 7 students are currently isolating and learning remotely. Year 11 and Year 13 students have of course left school since before half term and therefore their contacts are following instructions provided by the NHS Test, Trace, Protect team.

Ysgol Eirias is working closely with Public Health Wales, the Local Authority and NHS Wales Test, Trace and Protect to ensure that all the appropriate measures are in place to protect learners, staff and the wider community. Working closely with the relevant agencies, we have identified those individuals who are contacts of the confirmed case – they/their parents/carers/guardians have been contacted by separate letter informing them of the requirement for them to self isolate. By receiving this information letter you/your child is not required to self isolate.

However, as a precaution, please be alert for any symptoms of COVID-19:

- A new or continuous cough
- A high temperature of > 37.8°C
- A loss of, or a change to sense of smell or taste

If you develop any of these symptoms, even if they are mild:

- Book a test by phoning 119 or through the online portal: <https://www.nhs.uk/ask-for-a-coronavirus-test>
- Inform myself as the Headteacher of Ysgol Eirias that you are unwell with COVID-19 symptoms and that you have requested a test
- You should self-isolate for at least 10 days from when the symptoms developed, until such time that TTP confirm isolation dates based on the new Delta variant
- All other household members should isolate for for at least 10 days from when your symptoms developed, until such time that TTP confirm isolation dates based on the new Delta variant. In line with national guidance please adhere to measures relevant to the family situation





- Do not visit a GP surgery, pharmacy or hospital but if you require medical advice please contact NHS 111 or telephone your GP; if there is a medical emergency phone 999
- Please follow the advice provided when you receive your test result
- To reduce the risk of COVID-19 spreading, there are things that everyone in your family can do to help. These include:
 - washing hands with soap and water often – do this for at least 20 seconds
 - using hand sanitiser gel if soap and water are not available
 - wash hands as soon as anyone arrives at home
 - covering their mouth and nose with a tissue or sleeve (not their hands) when they cough or sneeze
 - putting used tissues in the bin immediately and wash hands afterwards

However, a wider range of symptoms MAY be associated with Covid-19 infection, if they are new, persistent, or unusual for you, and are not caused or explained by a condition such as hay fever.

The new wider symptoms of Covid-19 are:

- ✓ Feeling unusually tired
- ✓ General 'flu-like aches and pains (myalgia)
- ✓ Sore throat and / or hoarseness
- ✓ Shortness of breath or wheezing
- ✓ Persistent headache
- ✓ Runny or blocked nose
- ✓ Feeling sick (nausea), vomiting or diarrhoea

If you, or a member of your household, has one or more of the 'wider symptoms' it does not necessarily mean you have COVID-19. However, we are being extra cautious and recommend testing to people with any of the 'wider symptoms' above.

Further information on symptoms and self-isolation can be found here <https://gov.wales/symptoms-and-self-isolation-contact-tracing>

Further formation on Test, Trace, Protect can be found here <https://gov.wales/test-trace-protect-coronavirus>

For general information on COVID-19 <https://gov.wales/protect-yourself-others-coronavirus>

The COVID-19 online symptom checker can tell you if you need medical help and advise you what to do <https://gov.wales/check-if-you-need-coronavirus-medical-help>

Yours faithfully,

Mrs S Sutton
HEADTEACHER

