



1st July 2026

Dear Parents/Carers,

Re: Important Change to the School Day (from September 2026)

We are writing to inform you of an important change to our school timetable, which will come into effect from September 2026.

What is changing?

- The school day will move from 6 lessons to 5 lessons per day
- Each lesson will now be 1 hour long (instead of 50 minutes)
- There will be no change to the start or end of the school day

Why are we making this change?

This decision has been made following careful consideration of how we can best support high-quality teaching and learning. It ensures a broad and balanced curriculum for all learners, while meeting the required guided learning hours for GCSE and A Level courses.

The move to a 5-lesson day brings several important benefits:

- **More time for deeper learning** – enabling sustained thinking, discussion and reflection
- **Enhanced learning experiences** – allowing for practical work, extended tasks and timely feedback
- **Well-structured lessons** – staff will carefully plan each lesson with clear phases to maintain focus and ensure effective learning throughout the full hour
- **Improved focus** – fewer transitions between lessons help learners settle quickly

What will the day look like?

If your child is on first lunch	
Time	Activity
8:40 – 9:00	Registration Period
9:00 – 10:00	Period 1
10:00 – 11:00	Period 2
11:00 – 11:20	Break
11:20 – 12:20	Period 3
12:20 – 1:00	First Lunch
1:00 – 2:00	Period 4
2:00 – 3:00	Period 5

If your child is on second lunch	
Time	Activity
8:40 – 9:00	Registration Period
9:00 – 10:00	Period 1
10:00 – 11:00	Period 2
11:00 – 11:20	Break
11:20 – 12:20	Period 3
12:20 – 1:20	Period 4
1:20 – 2:00	Second Lunch
2:00 – 3:00	Period 5

The registration period from 8:40–9:00 is a vital part of the school day, setting the tone for learning and ensuring all learners are prepared and ready for lessons. We ask that all learners arrive on time and are in their form rooms promptly at 8:40, and that families support us in maintaining strong attendance throughout the year to maximise progress and wellbeing.



How will we support your child?

As learners settle into the new timetable, they will be supported in becoming familiar with the new lesson routines. On the first day of term, additional time will be allocated during the pastoral period to help learners understand the changes and ask any questions. Staff will be available throughout the day to provide guidance and reminders where needed. Learners who receive pastoral or Additional Learning Needs support will continue to have access to their usual support, trusted adults and safe spaces.

How can you support your child?

You can help your child adapt positively by:

- Ensuring a **good breakfast** to support focus and energy
- Providing a **snack for break** and promoting good hydration
- Encouraging **punctuality, organisation and readiness to learn**
- Promoting a **positive attitude**, reassuring them as they adjust

Moving Forward

We are excited about the opportunities this change brings and are confident it will have a positive impact on teaching, learning, and the overall school experience.

As with any change, there may be a short adjustment period, but we are confident that our learners will adapt quickly and benefit from the new structure.

If you have any questions or would like further information, please do not hesitate to contact us at general@eirias.conwy.sch.uk

Thank you, as always, for your continued support.

Yours sincerely,

Mrs Z. Evans

Headteacher