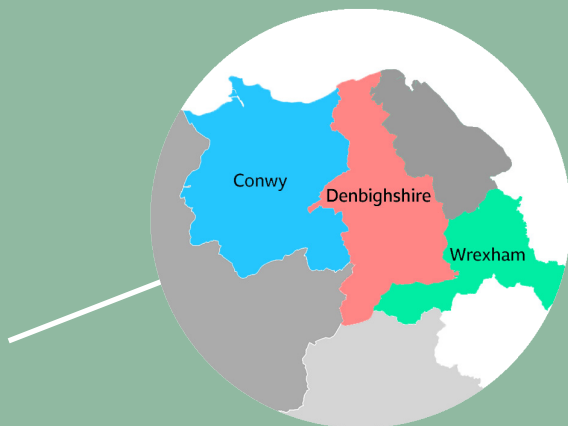


Supporting young carers in **Wrexham,** **Denbighshire** & **Conwy**

There are
7500 young
carers in this
area



Working with schools



North Wales Young Carers supports schools to help them identify pupils who are young carers and then develops plans, to support each pupil who is a young carer, with the aim of increasing attendance and improving educational outcomes.

North Wales Young Carers uses a unique assessment tool, which accurately measures the impact a caring role is having upon a young carer's attainment, attendance and emotional wellbeing in schools.

North Wales Young Carers delivers staff briefings, assemblies and PSHE lessons to help identify and support pupils who are young carers.

North Wales Young Carers works closely with schools to set up in-school after school clubs specifically tailored to meet the needs of pupils who are young carers.

3 Step Plan

The core of our work is around our unique educational assessment tool, which has a proven track record of accuracy and delivers real benefits to schools and pupils who are already part of the programme.

1 IDENTIFY

We want to work with you to help you identify and support more children who are young carers.

2 ASSESS

Our unique "Assessment Tool" provides schools with a practical means of quantifying the amount of care a young carer is undertaking so that you can tailor support on an individual basis; thereby improving educational outcomes.

3 ACTION PLAN

We use the information from the assessment tool to devise a pupil centered action plan, supporting each pupil with simple, time limited strategies designed to generate a significant increase in educational outcomes.

As part of this work, where appropriate **North Wales Young Carers** will work with schools to refer pupils requiring additional support outside of school to **WCD Young Carers (?)** where both child and family support can be made available.

To request a conversation about your school / college taking advantage of this free of charge programme to support improved educational outcomes contact:



Jess Shingler | Education Officer for Conwy
via email jessica.shingler@northwalesyoungcarers.org
or via phone call on **07716638394**

Donna Poynton | Education Officer for
Denbighshire and Wrexham
via email donna.poynton@northwalesyoungcarers.org
or via phone call on **07921860236**

The A, B, C of supporting young carers

Children who are young carers are amazing. They undertake roles usually reserved for adults, while at the same time trying to be a child. Often, they just need a little extra help, encouragement or support, which is why **North Wales Young Carers** and **The Neumark Foundation** have developed a special support programme to help young carers in

EDUCATION

Young carers often struggle to reach their potential in school, some feel isolated while others simply hide their talents so they can undertake their caring role. Schools want young people to really benefit from education, including young carers. This is why we are bringing a highly successful programme of support for schools to North Wales (see details on page 2).

SUPPORT

Young carers sometimes have very challenging situations and need specialist support to help improve their emotional and mental wellbeing, or wider family support. North Wales Young Carers works with other agencies to find ways to support young carers and their families. While we know we can't fix everything we will do our best to help young carers to find solutions and support that improves their situation.

North Wales.



RESPITE

Young carers tell us that the thing they want most is respite from their caring role, a chance to be with friends who understand them, taking part in activities that families sometimes just can't arrange and above all having some fun. This is why our programme will link with other providers and collectively we will offer a range of opportunities for young carers to put some "fun" into childhood. This will include extensive activity programmes during school holiday periods and local friendship clubs in either schools or other local venues.

For more information contact
North Wales Young Carers
info@northwalesyoungcarers.org
0151 356 3176

The Neumark Foundation & North Wales Young Carers Project

The Neumark Foundation is based in North Wales, and was founded in 2016 by the Neumark family.



**Peter
Neumark**

The main aim of the Foundation is to support charities, charitable groups and individuals whose work has a long-lasting, positive effect on young people's welfare and quality of life, through improving prospects and life choices, inspiring them to grasp new opportunities.

In October 2019, research from **Nottingham University** and the **BBC**, indicated that approximately one in five children of statutory school age is a young carer. In the UK, research indicates that 50% of young carers remain hidden, and at GCSE, they can be as much as nine grades below their peer group in achievement, as well as having far lower attendance rates.

The initial pilot will run for 2 years across **Wrexham**, **Denbighshire** and **Conwy**, to provide additional support to statutory services already provided through Children's Services and Education. Following the initial pilot, we plan to geographically roll out a trusted template of support for more Young Carers.

"We are absolutely committed to financially supporting this project to help support Young Carers through raising awareness, identification of more children and young people in a caring role, educational support needs assessment, and creation of support plans and interventions for Young Carers to enable them to have a better chance of reaching their potential"

Peter Neumark

The Neumark Foundation is also funding extensive research that will be led by Professor Saul Becker, to evaluate the project, but also look at wider key questions around support for Young Carers and Young Adult Carers.