

Create a Revision Timetable

Work smarter not harder.

Top Tips

1. Change your mindset

When I think about revision I visualise stress, tears, boredom and no social life. Hardly an incentive to whip the study books out. So Get Rid of Revision and **Review** instead.

2. Give yourself a break

A recent study on gamers discovered that those who had frequent breaks were more successful than those who sat playing the games for hours. We have been saying the same about revision for years and now here is the scientific proof. Give yourself a break every 30 – 40 minutes.

3. Be realistic

Being realistic means you can have the best of both worlds. If you would rather be playing football or watching your favourite TV programme on a Saturday morning then schedule it in. This releases you from unnecessary pressure and unrealistic expectations.

4. Be detailed

Writing in “History” from 9 - 11am on Sunday morning means nothing. Instead break it down into manageable chunks. For example, “The Treaty of Versailles 9.00 - 9.30am, The Battle of the Somme 9.40 - 10.10am, The Spring Offensive 10.20 - 11.00am, 11.00 - 2 pm Go shopping with the girls etc.”

5. Spice things up

Don't spend hours staring at your textbook. That is not how your brain learns so spice things up with fun revision techniques, such as A - Maps.